PEDIATRIC IMAGING PREPARATION INSTRUCTIONS

FLUO	ROSCOPY PREPARATIONS
UP	PER GI (UGI)
	Birth - 3 months
	3 hours prior to the scheduled exam - nothing by mouth (not even clear liquids)
	4 months - 12 years old
	4 hours before the scheduled exam - nothing by mouth (not even clear liquids)
	13 years and older
	No solid food after midnight the day of the exam (clear liquids only), nothing by mouth (not even clear liquids)
	8 hours before the exam
AIR	CONTRAST BARIUM ENEMA (All Ages)
	48 hours (2 days) before the exam
	Clear liquid diet: The patient should have only clear liquids, such as clear soft drinks, water, Jello without fruit, clear
	broth and popsicles. NO milk or milk products and no solid food.
	Give the following dose of Milk of Magnesia in the MORNING AND EVENING:
	• 2-10 years old: one tablespoon in the morning and one in the evening;
	• 10 years of age or older: two tablespoons in the morning and two tablespoons in the evening
	24 hours (1 day) before the exam
	Continue clear liquid diet
	One pediatric or adult fleets enema in the morning
	One pediatric or adult fleets enema in the evening
	Note: If the child is between the ages of 2-11 years, a pediatric fleets enema must be used. If the child is 12 years or older,
	an adult fleets enema must be used.
	 Give the following dose of Magnesium Citrate (available in drug stores) in the morning, and repeat
	the same dose in the evening:
	2-4 years old, 3-4 ounces
	5-8 years old, 5-6 ounces
	9-12 years old, 7-8 ounces
	13-15 years old, 8-10 ounces
_	16 years or older, 10 ounces
	Morning of the exam
	One pediatric or adult fleet enema (See instructions above for the size of the enema)
	3 hours before the scheduled exam time - nothing by mouth (includes all food, gum, hard candy and all liquids)
ENE	EMA FOR CONSTIPATION AND THERAPEUTIC ENEMA
D 4 F	• All ages - No prep
	RIUM ENEMA
	Birth - 2 years
	12 hours before scheduled exam - clear Solid Food - liquids or formulas may be given
	3 hours before scheduled exam time - Nothing by Mouth (Includes all food, gum, hard candy and all liquids)
Ш	2 Years and older
	24 hours before scheduled exam - clear liquids only (includes clear broth, water, Jello without fruit)
	• 4 p.m. the day before the exam, give Children's Senokot by Mouth (1 teaspoon for every 10 lbs. of child's weight).
	Children's Senokot can be found in most drug stores.
	Bedtime the evening before the exam and again early morning the day of the exam, give pediatric or adult floats assessed.
	fleets enema.
	• 3 hours before scheduled exam - nothing by mouth (includes food, gum, hard candy and all liquids) If the child is between the ages of 2-11 years, a pediatric fleets enema must be used. If the child is 12 years of
	age or older, an adult fleets enema must be used. Fleets enemas can be found at most drug stores.
RΛE	RIUM SWALLOW (ESOPHAGRAM)
	Your child should not eat or drink anything for 4 hours before the test. If your child is taking medicines ordered by a doctor,
ш	give them at the scheduled times with just a sip of water.
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	SOUND PREPARATIONS
	RASOUND OF THE ABDOMEN (includes gallbladder, liver, pyloric stenosis or visceral doppler)
	Birth - 2 years old (less than 25 lbs.)
	4 hours before scheduled exam time - nothing by mouth (includes all food including gum, hard candy and all liquids)

	3-8 years old		
_	6 hours before scheduled exam time - nothing by mouth (includes all food including gum, hard candy and all liquids)		
	8 years or older		
8 hours before scheduled exam time - nothing by mouth (includes all food including gum, hard candy and all liquids)			
	TRASOUND OF THE BREAST, CHEST, EXTREMITY (Arms, Legs, Hands, Feet), SCROTUM, SPINAL CANAL AND THYROID No preparations		
ULTRASOUND OF THE HEAD OR THE HIPS			
	2 hours before scheduled exam time - nothing by mouth (includes all food including gum, hard candy and all liquids). If your		
chil	ld is an infant, please bring a bottle of milk or juice to give during the exam for comfort.		
	TRASOUND OF THE PELVIS, KIDNEY		
	Birth to 2 years		
_	Prior to exam, drink extra water		
	2-5 years old		
	30 minutes before the exam, drink 8-12 ounces of water (1-2 cups) - child should not urinate after drinking this liquid		
	5-12 years old		
	1 hour before the exam, drink 12-18 ounces of water (2-3 cups) - child should not urinate after drinking this liquid 12 years or older		
	1.5 hours before the exam, drink 24-36 ounces of water (3-4 cups) - child should not urinate after drinking this liquid		
	Note: If your child is having both an abdominal and pelvis ultrasound, please follow abdomen preparation but drink water as		
	appropriate for pelvic exam.		
EXCF	RETORY UROGRAM (EU) OR INTRAVENOUS PYELOGRAM (IVP)		
	Before the test, your child will need to drink an over-the-counter laxative such as magnesium citrate, which can be purchased		
at a	a pharmacy or drug store.		
Giv	Give the following dose of Magnesium Citrate at bedtime the night before the test.		
	Under one year - no laxative		
片	1-3 years old - 1½ ounces		
片	3-5 years old - 2 ½ ounces		
片	6-8 years old - 3 ounces 9-12 years old - 4 ounces		
片	13-18 years old - 5 ounces		
Your o	child should not eat or drink anything for 4 hours before the test. If your child is taking medicines ordered by your		
doctor, give them at scheduled times with just a sip of water.			
	ING CYSTOURETHROGRAM (VCUG)		
	Pre-medication is required for patients with a heart condition. Please consult your referring physician or cardiologist for		
	additional medication instructions.		
	sure to carefully follow the instructions in order to avoid the need to reschedule the exam		
COMPUTER AXIAL TOMOGRAPHY (CT SCAN)			
Ш	CT SCAN - ABDOMEN AND/OR PELVIS (NON-SEDATED)		
	your child is having a CT Scan of the abdomen and pelvis (hips), it is CRITICAL that they are NPO 6 hours for solid foods, 4 hours liquids (not clear), 2 hours for clear liquids.		
	SEDATION		
	blid Foods: Your child should not have any solid food for six hours prior to your child's appointment time. Solid food includes		
	als, milk, infant formula, orange juice, other juices with pulp, gum, mints or candy.		
Bre	east milk: Your child should not have any breast milk for four hours prior to your child's appointment time.		
	ear liquids: Your child can have clear liquids until two hours prior to your child's appointment time. Clear liquids include water,		
	dialyte, apple juice with no pulp, popsicles without fruit, and Jello without fruit.		
	othing by mouth: Your child should have absolutely nothing by mouth for two hours prior to your child's appointment time.		
MAGNETIC RESONANCE IMAGING (MRI)			
	SEDATION		
	lid Foods: Your child should not have any solid food for six hours prior to your child's appointment time. Solid food includes		
	als, milk, infant formula, orange juice, other juices with pulp, gum, mints or candy.		
	east milk: Your child should not have any breast milk for four hours prior to your child's appointment time.		
	ear liquids: Your child can have clear liquids until two hours prior to your child's appointment time. Clear liquids include water, dialyte, apple juice with no pulp, popsicles without fruit, and Jello without fruit.		
	thing by mouth: Your child should have absolutely nothing by mouth for two hours prior to your child's appointment time.		
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