

Please arrive ____ minutes prior to appointment for registration.

Exercise Stress Test (ETT), Stress Echocardiogram and Dobutamine Stress Echocardiogram

Test duration:

- ETT 45-60 minutes, if having an Echo or other ultrasound procedures please plan for an additional 45-60 minutes per procedure.
- Stress Echo 60-90 minute
- Dobutamine Stress Echo 75-120 minutes

1. **Do not** eat or drink anything for 4 hours prior to the test - **IT IS OK TO DRINK WATER DURING THIS TIME.**
2. Take all medications with water as normally scheduled **EXCEPT** for the following:
 - **Do not** take Beta-Blockers and calcium channel blockers (see list) for 24 hours prior to the test **unless instructed otherwise by your cardiologist.**
 - **Do not** take diabetic medications if appointment is **early morning.**
3. **Do not** use any tobacco/nicotine products or alcohol for 12 hours prior to the test.
4. For ETT and Stress Echo tests, bring or wear clothes suitable for exercising on a treadmill. You must wear appropriate shoes (no flip-flops or bare/socked feet).
5. **Do not** apply body lotion on the day of the test.
6. An IV is required for Stress Echo and Dobutamine Stress Echo tests as you will receive an imaging enhancement agent called Definity.

See reverse for locations & contact information.

Beta Blockers	
Generic	Brand Name
Acebutolol	Sectral
Betaxolol	Kerlone, Betopic
Bisoprolol	Cardicor, Emcor, Zebeta, Ziac
Carteolol	Cartrol
Carvedilol	Coreg
Labetolol	Trandate, Normdyne
Metoprolol	Lopressor, Toprol, Betaloc
Nadolol	Corgard
Pindolol	Visken
Propranolol	Inderal, Inderal LA
Sotalol	Betapace
Timolol	Blocarden
Eye drops that contain Beta Blockers	
Betagan	Levobunolol
Timolol	Timoptic, Betimol
Calcium Channel Blockers	
Diltiazem	Verapamil

NORTHSIDE HOSPITAL

HEART INSTITUTE

PATIENT PREPARATION INSTRUCTIONS

northside.com/heart

Date/Time: _____

NORTHSIDE HEART (NH) - 404-845-8200

Northside Heart - Atlanta

5670 Peachtree Dunwoody Road
Suite 880
Atlanta, GA 30342

Northside Heart - Canton

460 Northside Cherokee Blvd.
Suite 150
Canton, GA 30115

Northside Heart - Roswell

1285 Upper Hembree Road
Roswell, GA 30076

Northside Heart - Towne Lake

900 Towne Lake Parkway
Suite 400
Woodstock, GA 30189

NORTHSIDE CARDIOVASCULAR (NCV) - 404-845-8200

NCV - Barfield

6135 Barfield Road
Suite 100
Sandy Springs, GA 30328

NCV - Braselton

1255 Friendship Road
Suite 240
Braselton, GA 30517

NCV - Canton

470 Northside Cherokee Blvd.
Suite 480
Canton, GA 30115

NCV - Gainesville

1276 Jesse Jewell Parkway SE
Gainesville, GA 30501

NCV - Midtown

1110 West Peachtree Street NW
Suite 920
Atlanta, GA 30309

CARDIOVASULAR GROUP (CVG) - 770-962-0399

CVG - Snellville

1608 Tree Lane
Building C
Snellville, GA 30078

CVG - Johns Creek

4365 Johns Creek Parkway
Suite 450
Suwanee, GA 30024

CVG - Duluth

3855 Pleasant Hill Road
Suite 250
Duluth, GA 30096

If scheduled at one of the below locations you must complete Pre-Registration by calling **404-459-1280**.
Pre-Registration will be able to review your financial estimation and discuss all financial options available.

CARDIOVASCULAR DIAGNOSTIC CLINICS (CVDCs) - 404-962-2450

CVDC - Gwinnett

2200 Medical Center Blvd.
Suite 220
Lawrenceville, GA 30046

CVDC - Buford

2800 Buford Drive
Suite 210
Buford, GA 30519

CVDC - Forsyth

2000 Howard Farm Drive
Suite 400
Cumming, GA 30041