

Preferences for Your Baby's Birth and Care

Birth position:

- Lying on your back
- Lying on your side
- Semi-sitting
- Sitting upright
- Squatting
- Other

- Avoid episiotomy, if possible
- Hot, compress or perineal massage for stretching
- Partner cuts cord
- Mother/support person gives the first bath
- No circumcision
- Plan circumcision in the hospital before discharge
- Plan circumcision after leaving the hospital
- I plan to breastfeed
- I plan to formula feed

Your Personal Wishes

What would you like us to know, so we can better support and care for you, (i.e., cultural, religious, traditional or personal wishes)?
