



Pre-Op Instructions:

- Discontinue –
 - blood thinners 7-10 days prior to surgery or as directed by prescribing Physician approval
 - diet medications 7 days prior to surgery
 - over the counter supplements, herbal products and extra vitamins 10 days prior to surgery
- Notify office if there are any changes to your physical condition – ie. Cold, fever, infection, nausea, vomiting or diarrhea

One day prior to surgery:

1. Drink plenty of fluids unless instructed otherwise.
2. Do not eat or drink after midnight
3. Confirm your arrangements with a responsible adult that will drive you home from the hospital after your surgery

Morning of surgery:

1. Arrive to the hospital at the time instructed
2. Do not chew gum, eat candy or smoke
3. Brush your teeth being careful not to swallow any of the water
4. Do not use facial make up
5. Remove all fingernail and toenail polish
6. Do not wear contact lenses
7. Wear comfortable loose fitting clothes
8. All jewelry and piercings should be removed and left at home

COVID Testing:

In an effort to protect you, your family, our healthcare workers and the community, Northside Hospital will now require a screening test for COVID-19 **three business days before your scheduled surgery**. Screening guidelines are below:

Performed at our drive-thru facility **Monday – Friday 7:00 AM to 7:00 PM:**

Northside/Holly Springs
Medical Office Building
684 Sixes Road
Holly Springs, GA 30115

- Bring your drivers' license or state issued ID
- Remember social distancing in vehicles is important, please limit the number of passengers in your vehicle
- Remain in your vehicle, a nurse will come to you to check your temperature, ask you screening questions, and then perform a nasal swab

Day of Scheduled Surgery	Day to get Screened
Monday	Wednesday before your surgery
Tuesday	Thursday before your surgery
Wednesday	Friday before your surgery
Thursday	Monday before your surgery
Friday	Tuesday before your surgery
Saturday	Wednesday before your surgery