



Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_  Male  Female Date of Birth: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Who referred you: \_\_\_\_\_

Reason for today's visit: **(Please complete one form per body part)**  Second Opinion

Affected side:  Right  Left

Body part:  Lower Leg  Ankle  Foot  Skin

Main complaint: \_\_\_\_\_

Briefly describe how it happened: \_\_\_\_\_

Is your complaint a result of an injury?  Yes  No Date of injury: \_\_\_\_\_

Work comp injury?  Yes  No If yes, are you currently working?  Yes  No

Current level of pain (0 - 10): <sup>Worse</sup> \_\_\_\_\_ Pain at best (0 - 10): <sup>Worse</sup> \_\_\_\_\_ Pain at worst (0 - 10): <sup>Worse</sup> \_\_\_\_\_

Length of problem: \_\_\_\_\_ Have you had this problem before?  Yes  No

Problem is:  Improving  Worsening  Staying the same  Recurring  
 Intermittent  Constant  
 Sharp  Dull  Throbbing  Aching

Associated symptoms:  Swelling  Bruising  Catching/locking  Instability/giving away  
 Warmth  Numbness  Weakness  Loss of motion  
 Night pain  Radiating down leg

Aggravating factors:  Walking  Sitting  Exercise  Weight bearing  
 Stairs  Standing  Running  Wearing socks/shoes  None

Alleviating factors:  Rest  Ice  Heat  Stretching/Exercise  
 Physical Therapy  Elevation  Use of walker/cane  Sitting  
 Limited weight bearing  None

Prior evaluation or treatment for current problem:  None

X-rays  ER/Office visit  Cast/Splint  Physical Therapy  
 MRI  Injections  Surgery

**• Flu shot (this season):**  Yes (Date: \_\_\_\_\_)  No  Declined  
**• Pneumonia shot (if over 65 or immunocompromised):**  Yes (Date: \_\_\_\_\_)  No

| Past Medical History  |  | Family History (Please list family member) <input type="checkbox"/> None |
|---|--|--|
| <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Kidney disease  | <input type="checkbox"/> High blood pressure                             |
| <input type="checkbox"/> Diabetes If yes, do you use insulin? _____   | <input type="checkbox"/> HIV or AIDS <input type="checkbox"/> Hepatitis Type _____ | <input type="checkbox"/> Diabetes  |
| <input type="checkbox"/> Thyroid problems   | <input type="checkbox"/> MRSA history  | <input type="checkbox"/> Heart disease                                   |
| <input type="checkbox"/> Heart disease <input type="checkbox"/> Heart attack <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Anemia <input type="checkbox"/> Bleeding problems         | <input type="checkbox"/> Rheumatoid arthritis                            |
| <input type="checkbox"/> Cancer Type? _____   | <input type="checkbox"/> Rheumatoid arthritis                                      | <input type="checkbox"/> Blood clots (DVT/pulmonary embolism)            |
| <input type="checkbox"/> Blood clots (DVT/pulmonary embolism)   | <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Osteoarthritis      | <input type="checkbox"/> Bleeding problems                               |
| <input type="checkbox"/> Stroke <input type="checkbox"/> Peripheral neuropathy                                  | <input type="checkbox"/> Trouble with anesthesia                                   | <input type="checkbox"/> Osteoporosis                                    |
| <input type="checkbox"/> Rash/skin lesions  |  |  |
| <input type="checkbox"/> COPD   |  |  |
| <input type="checkbox"/> Reflux/GERD or <input type="checkbox"/> Stomach ulcer                                  |  |  |
| <input type="checkbox"/> Gout   |  |  |

| Review of Systems <input type="checkbox"/> None |  |
|---|--|
| <b>Constitutional</b>                           | <input type="checkbox"/> Fever <input type="checkbox"/> Chills   |
| <b>Cardiovascular</b>                           | <input type="checkbox"/> Chest pain <input type="checkbox"/> Fast heart rate <input type="checkbox"/> Palpitations   |
| <b>Respiratory</b>                              | <input type="checkbox"/> Cough <input type="checkbox"/> Sleep apnea and <input type="checkbox"/> Use of CPAP <input type="checkbox"/> Difficulty breathing <input type="checkbox"/> Wheezing |
| <b>Gastrointestinal</b>                         | <input type="checkbox"/> Nausea/vomiting <input type="checkbox"/> Heartburn/ulcers   |
| <b>Musculoskeletal</b>                          | <input type="checkbox"/> Joint stiffness <input type="checkbox"/> Muscle aches <input type="checkbox"/> Joint pain <input type="checkbox"/> Muscle weakness                                  |
| <b>Skin</b>                                     | <input type="checkbox"/> Itching <input type="checkbox"/> Skin lesion <input type="checkbox"/> Skin rash <input type="checkbox"/> Heat/cold intolerance                                      |
| <b>Psychiatric</b>                              | <input type="checkbox"/> Depression/Anxiety <input type="checkbox"/> Drug/alcohol addiction <input type="checkbox"/> Sleep disorder  |
| <b>Hematologic</b>                              | <input type="checkbox"/> Easy bleeding <input type="checkbox"/> Easy bruising <input type="checkbox"/> Anemia  |
| <b>Immunologic</b>                              | <input type="checkbox"/> Hives <input type="checkbox"/> Persistent infections  |

List previous surgeries and dates:  None

1. \_\_\_\_\_ Date: \_\_\_\_\_  
 2. \_\_\_\_\_ Date: \_\_\_\_\_

List current medications, dosages, and directions:  None (please provide list if there are more than 4 medications)

1. \_\_\_\_\_ 3. \_\_\_\_\_  
 2. \_\_\_\_\_ 4. \_\_\_\_\_

List allergies and reactions:  No known allergies

1. \_\_\_\_\_ 3. \_\_\_\_\_  Latex  Iodine  
 2. \_\_\_\_\_ 4. \_\_\_\_\_  Metal/Nickel

**Social History:**

- Marital status:  Single  Married  Divorced  Widow
- Tobacco use:  None  Previous  Current \_\_\_\_\_ Amount/day
- Alcohol use:  None  Previous  Current \_\_\_\_\_ Amount/day
- Illegal drug use:  None  Previous  Current If yes, what drug(s)? \_\_\_\_\_
- Physical Activity: How many days a week do you get moderate exercise? (e.g. Brisk walk) \_\_\_\_\_  
 Duration: (e.g. Minutes) \_\_\_\_\_
- Are you currently **pregnant?**:  Yes  No

Signature: \_\_\_\_\_ Print name: \_\_\_\_\_ Date: \_\_\_\_\_