

Georgia Colon & Rectal

SURGICAL ASSOCIATES

Dr. _____

RUBBERBAND LIGATION FOR HEMORRHOIDS

Patients with internal hemorrhoids and symptoms of rectal bleeding may be treated by rubberband ligation of the hemorrhoid. This is a minor procedure that can be treated in your doctor's office and does not require any injections or sedation.

The concept of the ligation is to place an elastic band around the hemorrhoid, thus "choking" the hemorrhoid, or constricting blood flow. After placing the elastic band on the hemorrhoids, you may feel a pressure sensation, as if you need to have a bowel movement. Frequent warm baths in combination with prescription medication often helps relieve these symptoms. Within a 3- to 10-day period, the hemorrhoids and rubberbands slough off.

It is recommended that you do not return to work on the day of the procedure. Some people may need to take 1-2 additional days off from work, or recover over a weekend. Do not take aspirin or aspirin products for 6 weeks after your rubberband ligation. You will return to the office in 6 weeks for a final checkup to make sure you have recovered completely.